

Let's Quit Together.

It is important to know that you're not alone. Quitting smoking isn't easy but you have a better chance for success with a plan and resources that can help you manage quitting.

- Start with a nicotine dependency quiz at **CVS.com/quit-smoking**
- Call our quit hotline for live help toll-free at **1-844-265-4321** (Operated by the American Cancer Society® Quit For Life® Program)
- Talk with a pharmacist at **CVS/pharmacy** about a customized quit plan
- Get an assessment and ongoing coaching at **MinuteClinic®**, the walk-in medical clinic inside select CVS/pharmacy stores

Start Quitting Today.