



REWARDS FOR WELLNESS

Last Chance to Earn \$100 in Co-Share Credits!*

Activity 1: Obtain Your Annual Preventive Exam



Stay healthy by having a preventive exam! Complete Activity 1 by having one of the eligible screenings **before December 31, 2016** and earn **\$100 in Co-Share Credits!**

UnitedHealthcare automatically tracks your participation for this activity on your health statement. View your health statement at www.myuhc.com and make sure you have completed an eligible screening. Print for your records. More details are available at www.wellness.ri.gov.

Eligible screenings include:

- Annual physical exam
- Annual gynecological exam
- Cervical cancer screening (annual Pap smear)
- Basic metabolic panel (blood tests)
- Colonoscopy
- Mammogram
- Prenatal obstetrical exam

*All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying the state employee medical co-shares that are posted at www.employeebenefits.ri.gov are eligible to receive co-share credit incentives.