NEWPORT BRIDGE

FINANCIAL WORKSHOPS:

A BRIDGE TO FINANCIAL WELLNESS

The Office of Employee Benefits is partnering with MetLife to bring you their award-winning financial workshop series that will provide you with the knowledge you need today to plan for a financially healthy future tomorrow. Beginning in May, specially-trained financial professionals will deliver live one-hour topical workshops in convenient State agency locations.

MAY

Smart Money Moves in Your 20s and 30s

For employees who are just out of school to those who are 10 or more years into their career. This workshop offers 10 relevant tips from creating a budget to establishing an emergency fund to making the most of their retirement savings.

Smart Money Moves in Your 40s, 50s, 60s and Beyond

This workshop covers 10 key practical financial and retirement planning tips to consider including managing taxes, having the right asset allocation, and setting realistic goals.

Get Retirement Ready

Prepares individuals for the decisions they need to make as they approach retirement including sources of retirement income, employer distribution options, lump sum vs. rollover, health insurance options and relocation decisions.

JUNE

Investing 101

A basic overview of investing that explains the difference between saving and investing, including asset classes and investment styles, bonds, stocks and types of mutual funds.

Investing 201

Provides those who have attended Investing 101 – or who have general investment knowledge – in-depth information about investing in stocks and bonds. It also includes information on tax implications, performance measurement, managing risk, determining the right investments and common investing terminology

COMING THIS FALL

Understanding Your Health Savings Accounts (HSAs) | Employees can learn the HSA "basics" from contributions and distributions to IRS rules and qualified expenses.

Estate Planning | Employees will learn about establishing and prioritizing goals, today's estate tax landscape and how to avoid common mistakes people make with their estates.

Understanding Life and Disability Income Insurance | Employees will learn about different types of life and disability income insurance, which types are best suited for different situations and how to determine how much insurance is needed.

During April 2018, MetLife/MassMutual representatives will be attending the State Employee Health and Financial Wellness Fairs at many locations. They will be happy to provide you all the information you need to pick the workshops most beneficial to your personal situation.

SIGNING UP IS EASY!

To review the most up-to-date schedule and to register for a workshop, log on to MetLife's website at **www.metlifeplansmart.com,** or call **1-866-801-3547.**

How to register online:

1. Go to **www.metlifeplansmart.com** and enter **State of RI** as your company name.
2. In the right hand column, click **"Find workshops available to you."**
3. Click **ALL** workshops that you plan to attend.

MetLife

Office of Employee Benefits
www.employeebenefits.ri.gov
(401) 222-3160