Attend a Spring 2018 Wellness Fair between March 12, 2018–May 9, 2018.

Have your screenings done to earn up to \$150 in co-share credits* and take advantage of new financial wellness resources!

What's new at the Wellness Fairs

Health Screenings

At this year's Wellness Fairs, you can obtain screenings** for blood pressure and body mass index (BMI) and receive up to \$150 in co-share credits.

Visit <u>www.employeebenefits.ri.gov/wellness</u> for details on how to complete the screenings and receive your credits.

Introducing Financial Wellness Fairs

Your finances can impact your physical and mental wellbeing. In recognition of this fact, during 2018 the traditional health fairs will be expanded at select locations to include representatives from various financially-oriented benefits programs, including deferred compensation, short-term disability insurance, and college savings. As you'll see on the fairs schedule (available on www.employeebenefits.ri.gov/wellness), 18 of the 39 events will be combined health and financial wellness fairs.



Pre-registration is MANDATORY

Call 877-239-3557 between 8am–5pm Monday–Friday, or visit www.provantevents.com/SORI to register online.

^{*}All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying medical co-shares based on the Rhode Island State Employee Health Plan rates that are posted at www.employeebenefits.ri.gov are eligible to earn co-share credit incentives.

^{**} OEB cannot track the completion of all your activities. Please use the 2018-2019 Program Calendar to keep track of your completions.