

REWARDS FOR WELLNESS

Earn \$50 co-share credit!!!*

Read the “New Year’s Resolution” online tutorial and complete the review questionnaire by January 31, 2016.



The New Year is the perfect time to take a look forward and think about a new resolution for a better lifestyle.

The online tutorial will provide you with important health information on the benefits of healthy living throughout the year.

Instructions are at: www.wellness.ri.gov

If you do not have access to a computer, please contact your Human Resource Department for assistance.

*All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying the State employee medical co-shares that are posted at www.employeebenefits.ri.gov are eligible to receive incentives for co-share credit.

